



Addiscombe Cycling Club

Open 10 mile Time Trial

For the Arthur Rayner Trophy

(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

14:00 Saturday July 29th 2023 – Course **G10/42**

Event Record: 17:53 Chris Fennell (The Independent Pedaler-Nopinzz) 2021

HQ: St. Johns Primary School
Goodwyns Rd, Dorking, RH4 2LS (open from 1300)

Promoter Name: Jim Burdett
Address: 113 Addison Road, Caterham, Surrey, CR3 5LW
Tel: 0774 8983959
Email: Jim@jburdett.co.uk

Timekeepers: Paul Tunnell and Jonathan Pontin (Addiscombe CC)

Results: Cyclingtimetrials.org.uk

Course Details:

OS Ref	Details	Distance
167469	START in Spook Hill, North Holmwood at PO Telephone Inspection Cover 30 yards from junction with A24 Proceed to A24 where LEFT (care). Proceed South	0.0
177428	Take 2 nd exit at Beare Green roundabout and follow Capel bypass (A24)	2.67
171397	TURN Take 5 th exit on Clark's Green roundabout (check)	4.91
177428	Take 2 nd exit straight on at Beare Green Roundabout	7.15
166472	FINISH at drain at North end of penultimate crash barrier 634 yards from North Holmwood roundabout	10.00

SAFETY INSTRUCTIONS

- CTT Regulations now require that no competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, and to the front of their machine a working front white light, either flashing or constant, that are illuminated and positioned to be clearly visible to other road users.
- Official Observers will be stationed around the course. Traffic awareness remains the responsibility of the competitor.
- CTT regulations require the use of a helmet that meets internationally accepted safety standards for all competitors.
- Competitors must not use ANY audio equipment except prescribed hearing aids.
- London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road
- No Vehicles, except those of the Timekeepers' and Event Officials, shall be parked in the vicinity of the start and finish areas
- Competitors are requested not to warm up on the course after the first competitor has started. There is plenty of space at the HQ for turbos.
- Details of any additional hazards not listed on the start sheet will be displayed or advised at the Signing On point. All competitors must take note of these details when they sign on.
- Numbers will be available in the HQ from 1300 when it opens.
- Bags may be left in the HQ at owners' risk.
- Competitors must exercise extra care when negotiating all roundabouts.
- No times will be given at the finish.
- Any participants under the age of 18 are required to present their completed parental consent form at the sign-on desk. No helmet, no parental consent then no ride.
- Please be courteous when overtaking other riders. A bit of friendly encouragement goes a long way!

HEADS UP, RIDE SAFELY!

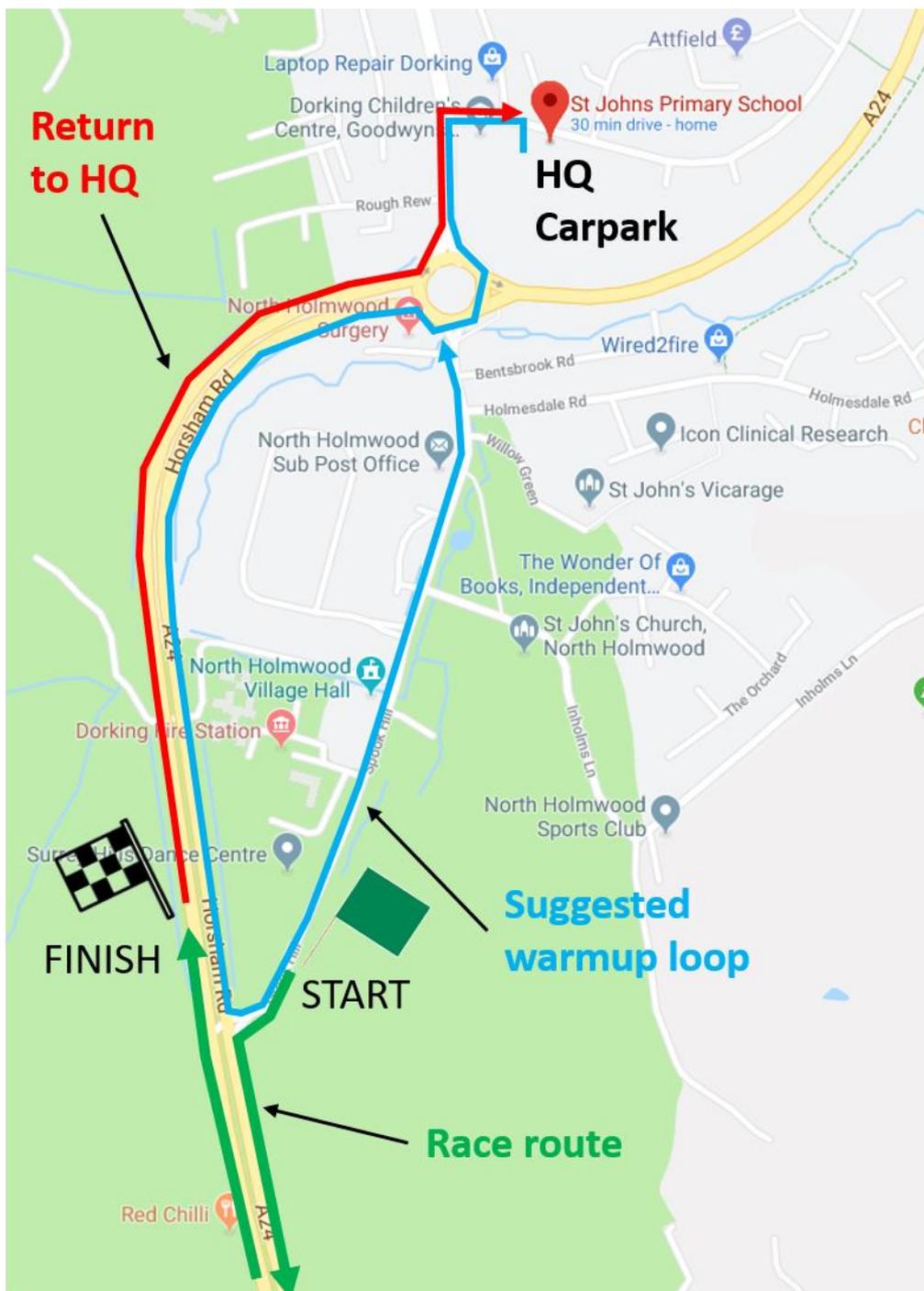
Prizes

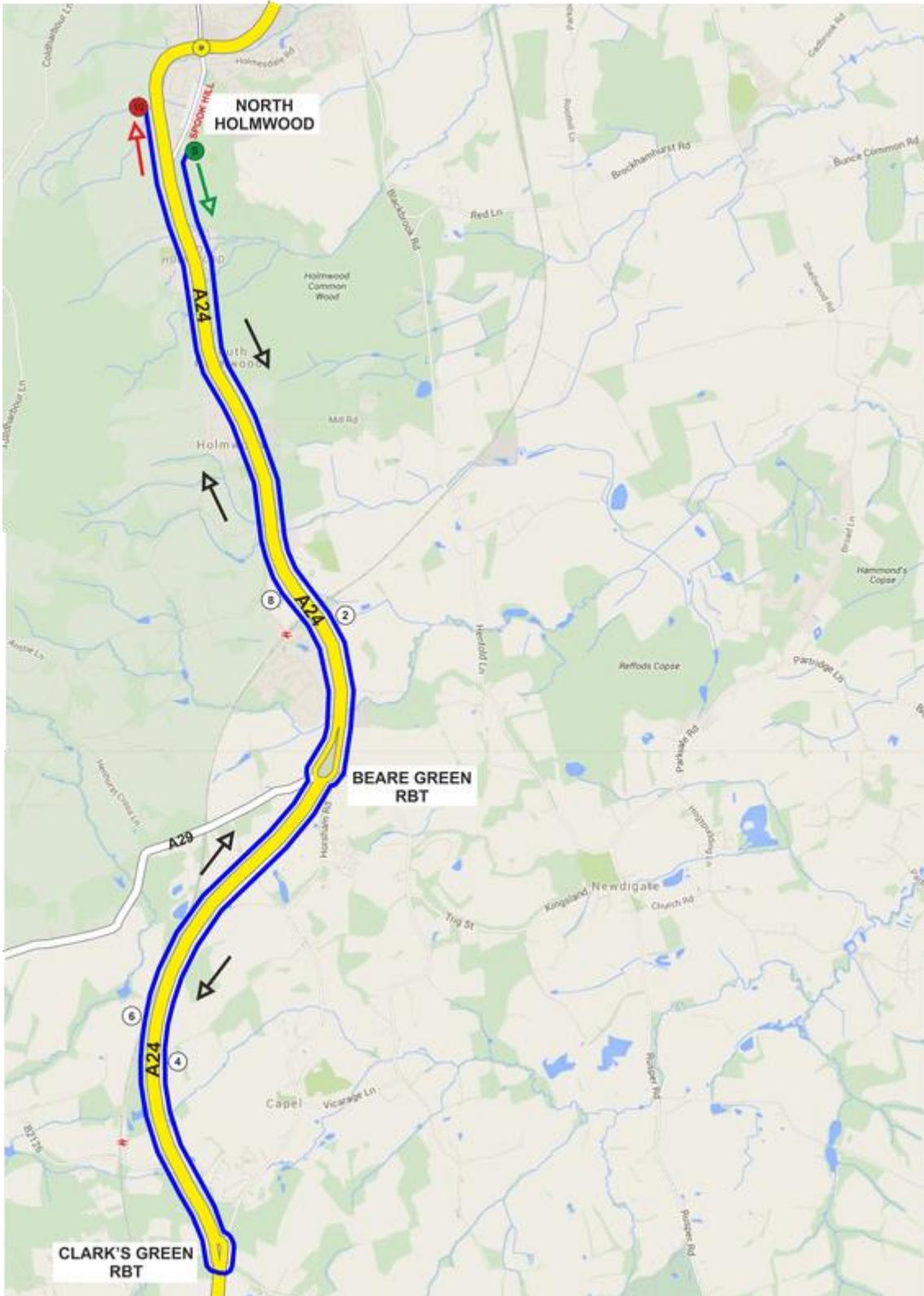
Open TT bike:	1 st £50	2 nd £40	3 rd £20
Female:	1 st £50	2 nd £40	3 rd £20
Open Road bike:	1 st £50	2 nd £40	3 rd £20

Notes on prizes:

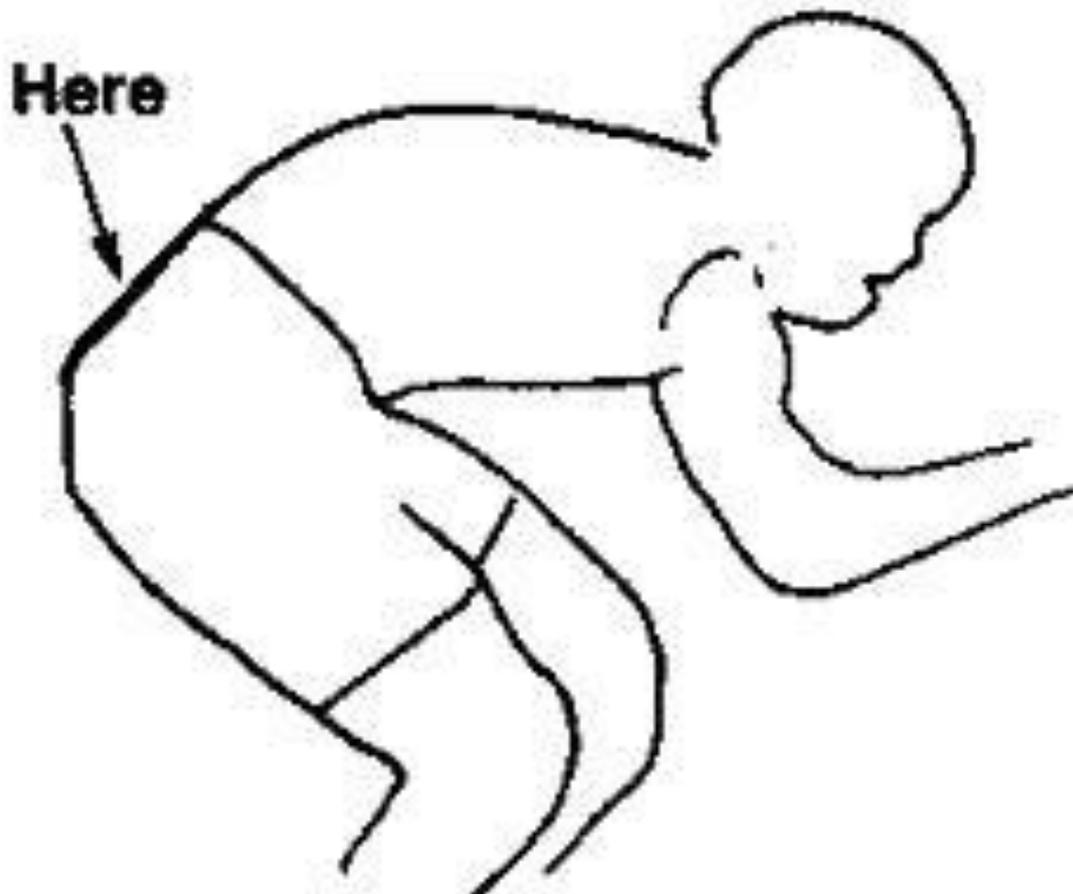
- One prize per rider.
- No prizes will be distributed at the event, the organiser will contact winners to confirm bank details

Maps





**NUMBERS MUST BE FIXED BELOW
WAIST**



**NO TIME MAY BE RECORDED IF NUMBER
IS NOT CORRECTLY POSITIONED.**

FRONT & REAR LIGHTS ARE ESSENTIAL